

## October 2023 | COAL RIDGE MIDDLE SCHOOL | Lunch Menu | Middle School Lunch 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheesy Breadsticks	Colorado Proud Day	National Tago Day	Orange Chicken	Ciabatta
FEATURED ENTRÉE	Colorado Proud Day	National Taco Day	FEATURED ENTRÉE	FEATURED ENTRÉE
Cheesy Breadsticks*	Shredded Beef Burrito W/ Colorado Green Chili		Orange Chicken*	Grilled Cheese*
Marinara Cup	FEATURED ENTRÉE	FEATURED ENTRÉE	Fried Rice*	artica officese
marmara sap	Shredded Beef Chile Colorado	Mini Tacos	Vegetable Egg Roll	VEGETABLE
	Burrito*	SALAD BAR	0 00	POTATO, SIDEWINDER FRIES
	Tico's Local Vegetarian Green Chili	Black Bean Salsa		
	Refried Beans			
Pizza Line	Colorado Proud Day	National Taco Day	Pizza Line	Pizza
PIZZA LINE	, and the second		PIZZA LINE	PIZZA LINE
Personal Pan Cheese Pizza*	Pizza Line	Pizza Line	Cheese Pizza*	Cheese Pizza*
Personal Pan Pepperoni Pizza*	PIZZA LINE	PIZZA LINE	Hawaiian Pizza*	Pepperoni Pizza*
	Cheese Pizza*	Cheese Pizza*		
	3 Cheese Calzone*	Pepperoni Pizza*		
Grille Line	Colorado Proud Day	National Taco Day	Grille Line	Grille Line
GRILLE LINE			GRILLE LINE	GRILLE LINE
Spicy Chicken Sandwich*	Grille Line	Grille Line	Chicken Club Sandwich*	Chef's Choice Sandwich*
Crinkle Cut Fries	GRILLE LINE	GRILLE LINE	Crinkle Cut Fries	Crinkle Cut Fries
	Cheeseburger*	Chicken Filet Sandwich*		Spicy Chicken Sandwich*
	Crinkle Cut Fries	Crinkle Cut Fries		Chicken Filet Sandwich*
Bistro Box	Colorado Proud Day	National Taco Day	Bistro Box	Bistro Box
BISTRO BOX	Bistro Box	Bistro Box	BISTRO BOX	FRUIT
PB&J Jr. Bistro Box*	вістко вох	віѕтко вох	Yogurt Jr Bistro Box*	Chef's Choice Bistro Box
	Yogurt Jr Bistro Box*	PB&J Jr. Bistro Box*		
Salad Bar  FRUIT	Colorado Proud Day	National Taco Day	Salad Bar  FRUIT	Salad Bar FRUIT
	Salad Bar	Salad Bar	=	F
Fresh Fruit	FRUIT	FRUIT	Fresh Fruit Chilled Fruit	Fresh Fruit Chilled Fruit
Fruit Cup KIWI	Fresh Fruit	Fresh Fruit	Critted Fruit	Chilled Fruit
NIVVI	Fruit Cup	Berry Medley	SALAD BAR	SALAD BAR
SALAD BAR	SALAD BAR	SALAD BAR	Salad Bar	Salad Bar
Salad Bar	Salad Bar	Salad Bar	Three Bean Salad	Three Bean Salad
Three Bean Salad	Black Bean Salsa	Three Bean Salad		
Beverages: Lunch	Colorado Proud Day	National Taco Day	Beverages: Lunch	Beverages: Lunch
BEVERAGES	Beverages: Lunch	Beverages: Lunch	BEVERAGES	BEVERAGES
Skim Milk	BEVERAGES	BEVERAGES	Skim Milk	Skim Milk
Chocolate Fat Free Milk	Skim Milk	Skim Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
1% Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	1% Milk	1% Milk
WATER	1% Milk	1% Milk	WATER	WATER
WATER, SM	WATER	WATER	WATER, SM	WATER, SM
	WATER, SM	WATER, SM		
Condiments	Colorado Proud Day	National Taco Day	Condiments	Condiments
CONDIMENTS	Condiments	Condiments	CONDIMENTS	CONDIMENTS
Condiments	CONDIMENTS	CONDIMENTS	Condiments	Condiments
Ranch Dressing			Ranch Dressing	Ranch Dressing
Ginger Dressing	Condiments  Rench Pressing	Condiments  Report Pressing	Ginger Dressing	Ginger Dressing
	Ranch Dressing	Ranch Dressing		
1	Ginger Dressing	Ginger Dressing		