



**October 2023** | COAL RIDGE MIDDLE SCHOOL | [Lunch Menu](#) | [Middle School Lunch 2024](#)

Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
	Chicken Tenders	Mini Corn Dogs	Sweet & Sour Chicken	Ravioli
	<b>FEATURED ENTRÉE</b>	<b>FEATURED ENTRÉE</b>	<b>FEATURED ENTRÉE</b>	<b>FEATURED ENTRÉE</b>
	Chicken Tenders*	Mini Corn Dogs*	Sweet n'Sour Chicken*	Texas Toast*
	Texas Toast*		Fried Rice*	Ravioli*
	<b>VEGETABLE</b>	<b>VEGETABLE</b>		
	POTATO, SIDEWINDER FRIES	POTATO, SIDEWINDER FRIES		
	Pizza Line	Pizza Line	Pizza Line	Pizza Line
	<b>PIZZA LINE</b>	<b>PIZZA LINE</b>	<b>PIZZA LINE</b>	<b>PIZZA LINE</b>
	Cheese Pizza*	Cheese Pizza*	Cheese Pizza*	Cheese Pizza*
	3 Cheese Calzone*	Pepperoni Pizza*	Hawaiian Pizza*	3 Cheese Calzone*
	Grille Line	Grille Line	Grille Line	Grille Line
	<b>GRILLE LINE</b>	<b>GRILLE LINE</b>	<b>GRILLE LINE</b>	<b>GRILLE LINE</b>
	Cheeseburger*	Chicken Filet Sandwich*	Chicken Club Sandwich*	Chef's Choice Sandwich*
	Crinkle Cut Fries	Crinkle Cut Fries	Crinkle Cut Fries	Crinkle Cut Fries
	Bistro Box	Bistro Box	Bistro Box	Bistro Box
	<b>BISTRO BOX</b>	<b>BISTRO BOX</b>	<b>BISTRO BOX</b>	<b>BISTRO BOX</b>
	Yogurt Jr Bistro Box* (K-8)	PB&J Grape Jr. Bistro Box* (K-8)	Yogurt Jr Bistro Box* (K-8)	PB&J Strawberry Bistro Box* (HS only)
	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	<b>FRUIT</b>	<b>FRUIT</b>	<b>FRUIT</b>	<b>FRUIT</b>
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fruit Cup	Strawberry Apple Chips	Berry Medley	Chilled Fruit
	<b>SALAD BAR</b>	<b>SALAD BAR</b>	<b>SALAD BAR</b>	<b>SALAD BAR</b>
	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Chickpea Pico	Pasta Salad (GF) Salad Bar	Pasta Salad (GF) Salad Bar	Pasta Salad (GF) Salad Bar
	Beverages: Lunch	Beverages: Lunch	Beverages: Lunch	Beverages: Lunch
	<b>BEVERAGES</b>	<b>BEVERAGES</b>	<b>BEVERAGES</b>	<b>BEVERAGES</b>
	Skim Milk	Skim Milk	Skim Milk	Skim Milk
	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
	1% Milk	1% Milk	1% Milk	1% Milk
	<b>WATER</b>	<b>WATER</b>	<b>WATER</b>	<b>WATER</b>
	WATER, SM	WATER, SM	WATER, SM	WATER, SM
	Condiments	Condiments	Condiments	Condiments
	<b>CONDIMENTS</b>	<b>CONDIMENTS</b>	<b>CONDIMENTS</b>	<b>CONDIMENTS</b>
	Condiments	Condiments	Condiments	Condiments
	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing
	Ginger Dressing	Ginger Dressing	Ginger Dressing	Ginger Dressing