

**August 2024** | COAL RIDGE MIDDLE SCHOOL | [Lunch Menu](#) | [Middle School Lunch 2025](#)

| Monday | Tuesday                  | Wednesday                        | Thursday                 | Friday                           |
|--------|--------------------------|----------------------------------|--------------------------|----------------------------------|
| 12     | 13                       | 14                               | 15                       | 16                               |
|        | First Day of School!     | No-Meat Mid-Week                 | Sweet & Sour Chicken     | Wings of Fire                    |
|        | First Day of School!     | No-Meat Mid-Week                 | <b>MEAL</b>              | <b>MEAL</b>                      |
|        | Nachos                   | Spaghetti                        | Sweet n'Sour Chicken*    | Wings of Fire                    |
|        | <b>MEAL</b>              | <b>MEAL</b>                      | Fried Rice*              | Texas Toast*                     |
|        | Walking Nachos*          | Spaghetti* & Meat-less Sauce     | Stir Fry Vegetables      | Crinkle Cut Fries                |
|        | Salsa                    | Texas Toast*                     |                          |                                  |
|        |                          | Roasted Vegetables               |                          |                                  |
|        | First Day of School!     | No-Meat Mid-Week                 | Vegetarian Option        | Vegetarian Option                |
|        | Vegetarian Option        | Pizza Line                       | <b>MEAL</b>              | <b>MEAL</b>                      |
|        | <b>MEAL</b>              | <b>MEAL</b>                      | Plant Based Nugget*      | Plant Based Nugget*              |
|        | Vegetarian Nachos*       | Cheese Pizza*                    | Teriyaki Sauce           |                                  |
|        |                          | 3 Cheese Calzone*                |                          |                                  |
|        |                          | Pepperoni Calzone*               |                          |                                  |
|        | First Day of School!     | No-Meat Mid-Week                 | Pizza Line               | Pizza Line                       |
|        | Pizza Line               | Grille Line                      | <b>MEAL</b>              | <b>MEAL</b>                      |
|        | <b>MEAL</b>              | <b>MEAL</b>                      | Cheese Pizza*            | Cheese Pizza*                    |
|        | Cheese Pizza*            | Spicy Chicken Sandwich*          | Hawaiian Pizza*          | Pepperoni Pizza*                 |
|        | Hawaiian Pizza*          | Crinkle Cut Fries                |                          |                                  |
|        | First Day of School!     | No-Meat Mid-Week                 | Grille Line              | Grille Line                      |
|        | Grille Line              | Bistro Box                       | <b>MEAL</b>              | <b>MEAL</b>                      |
|        | <b>MEAL</b>              | <b>MEAL</b>                      | Chicken Club Sandwich*   | Chef's Choice Sandwich*          |
|        | Cheeseburger*            | PB&J Grape Jr. Bistro Box* (K-8) | Crinkle Cut Fries        | Chicken Filet Sandwich*          |
|        | Crinkle Cut Fries        |                                  |                          |                                  |
|        | First Day of School!     | No-Meat Mid-Week                 | Bistro Box               | Bistro Box                       |
|        | Bistro Box               | Salad Bar                        | <b>BISTRO BOX</b>        | <b>MEAL</b>                      |
|        | <b>BISTRO BOX</b>        | <b>FRUIT</b>                     | Yogurt Jr Box*           | Chef's Choice Bistro Box         |
|        | Yogurt Jr Box*           | Fresh Fruit                      |                          | PB&J Grape Jr. Bistro Box* (K-8) |
|        |                          | Chilled Fruit                    |                          |                                  |
|        |                          | Cool Tropics Fruit Slush         |                          |                                  |
|        |                          | Watermelon                       |                          |                                  |
|        |                          | <b>VEGETABLES</b>                |                          |                                  |
|        |                          | Salad Bar                        |                          |                                  |
|        |                          | Seasonal Vegetable               |                          |                                  |
|        |                          | Pasta Salad*                     |                          |                                  |
|        | First Day of School!     | No-Meat Mid-Week                 | Salad Bar                | Salad Bar                        |
|        | Salad Bar                | Beverages: Lunch                 | <b>FRUIT</b>             | <b>MEAL</b>                      |
|        | <b>FRUIT</b>             | <b>BEVERAGES</b>                 | Fresh Fruit              | Honey Cheerios*                  |
|        | Fresh Fruit              | Skim Milk                        | Applesauce Cups          |                                  |
|        | Chilled Fruit            | Chocolate Fat Free Milk          | Cool Tropics Fruit Slush | <b>FRUIT</b>                     |
|        | Cool Tropics Fruit Slush | 1% Milk                          | CANTALOUPE               | Fresh Fruit                      |
|        | Strawberries             | <b>WATER</b>                     | <b>VEGETABLES</b>        | Chef's Choice Fruit              |
|        |                          |                                  | Salad Bar                | Cool Tropics Fruit Slush         |
|        |                          |                                  |                          | Honey Dew                        |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                               |
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| <div><div>VEGETABLES</div><div>Salad Bar</div><div>Seasonal Vegetable</div><div>Pasta Salad*</div><div></div><div>First Day of School!</div><div>Beverages: Lunch</div><div>BEVERAGES</div><div>Skim Milk</div><div>Chocolate Fat Free Milk</div><div>1% Milk</div><div>WATER</div><div>8 oz Bottled Water</div><div></div><div>First Day of School!</div><div>Condiments</div><div>CONDIMENTS</div><div>Condiments</div><div>Ginger Dressing</div></div> | <div><div>8 oz Bottled Water</div><div></div><div>No-Meat Mid-Week</div><div>Condiments</div><div>CONDIMENTS</div><div>Condiments</div><div>Ginger Dressing</div></div> | <div><div>Seasonal Vegetable</div><div>Pasta Salad*</div><div></div><div>Beverages: Lunch</div><div>BEVERAGES</div><div>Skim Milk</div><div>Chocolate Fat Free Milk</div><div>1% Milk</div><div>WATER</div><div>8 oz Bottled Water</div><div></div><div>Condiments</div><div>CONDIMENTS</div><div>Condiments</div><div>Ginger Dressing</div></div> | <div><div>VEGETABLES</div><div>Salad Bar</div><div>Cool Tropics V-Slush</div><div>Pasta Salad*</div><div></div><div>Beverages: Lunch</div><div>BEVERAGES</div><div>Skim Milk</div><div>Chocolate Fat Free Milk</div><div>1% Milk</div><div>WATER</div><div>8 oz Bottled Water</div><div></div><div>Condiments</div><div>CONDIMENTS</div><div>Condiments</div><div>Ginger Dressing</div></div> |
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This institution is an equal opportunity provider.