

SVVSD MIDDLE SCHOOL DIVING CLUB - FALL 2024

\$50 FOR 6 WEEK SESSION

DAYS: TUESDAYS & THURSDAYS

SEPT: 3, 5, 10, 12, 17, 19, 24, 26

OCT: 1, 3, 8, 10

TIME: 4:00-5:30 PM



PREREQUISITES:

- Jump off a diving board 😞
 - Swim 25 meters
- Complete Registration
- Arrange Transportation

SKILLS:

- Approaches @
 - Jumps 😺
 - Dives 📀
- Sommersaults 🕝
 - Entries 🙍
 - **Positions**

REGISTER NOW!

https://bit.ly/3WRxmUi

AQUATIC CENTER OF SVVSD SILVER CREEK HIGH SCHOOL 4901 NELSON RD. LONGMONT, CO. 80503